



## **Resources & Training for ASPIRE Volunteer Mentors**



# Volunteer Specific Resources

## Checklist

- Program Requirements
- Trainings & Resources
- Student Activities/Topics

## Handbook

- Chapter 1: Getting Started
- Chapter 2: Resources
- Chapter 3: Monthly Calendar

## Toolkit

- College and Career Sections
- File Cabinet
- Training Calendar
- Surveys (volunteers & Students)



# Tools for Working with Students

## Pocket Planner ([MS](#) & [HS](#))

- Monthly activities
- Event & testing dates

## [Student Tracker](#)

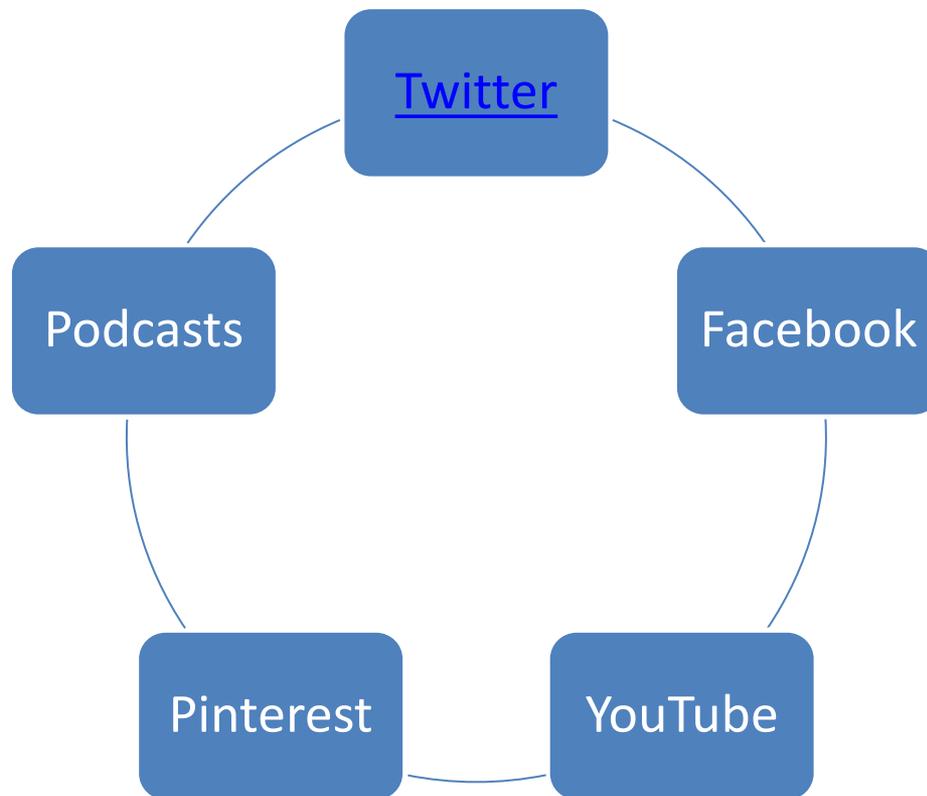
- Track students from 9<sup>th</sup> – 12<sup>th</sup> grade
- Listed activities
- Place for notes

## [ASPIRE Website](#)

- Exploring Your Options
- Planning Ahead
- Finding the Best Fit
- Funding Options



# Social Media





[Twitter on  
Volunteer Toolkit](#)



**ASPIRE Oregon** @aspireoregon · Sep 23

Going to move into the dorms this year? Limit some of the stuff you bring to alleviate some future headaches. [ow.ly/S3SZR](https://ow.ly/S3SZR)



**ASPIRE Oregon** @aspireoregon · Sep 21

Have any of your students expressed interest in taking woodshop, automotive, or home economic classes? Have them look at #CTE class options!



**ASPIRE Oregon** @aspireoregon · Sep 20

ASPIRE Tip #1: Meet with an Advisor. Making a face to face connection will make future advising appointments less stressful. #ASPIREoregon



**ASPIRE Oregon** @aspireoregon · Sep 18

This month's featured podcast! Take a listen and let us know what you think! [ow.ly/S0OsK](https://ow.ly/S0OsK)



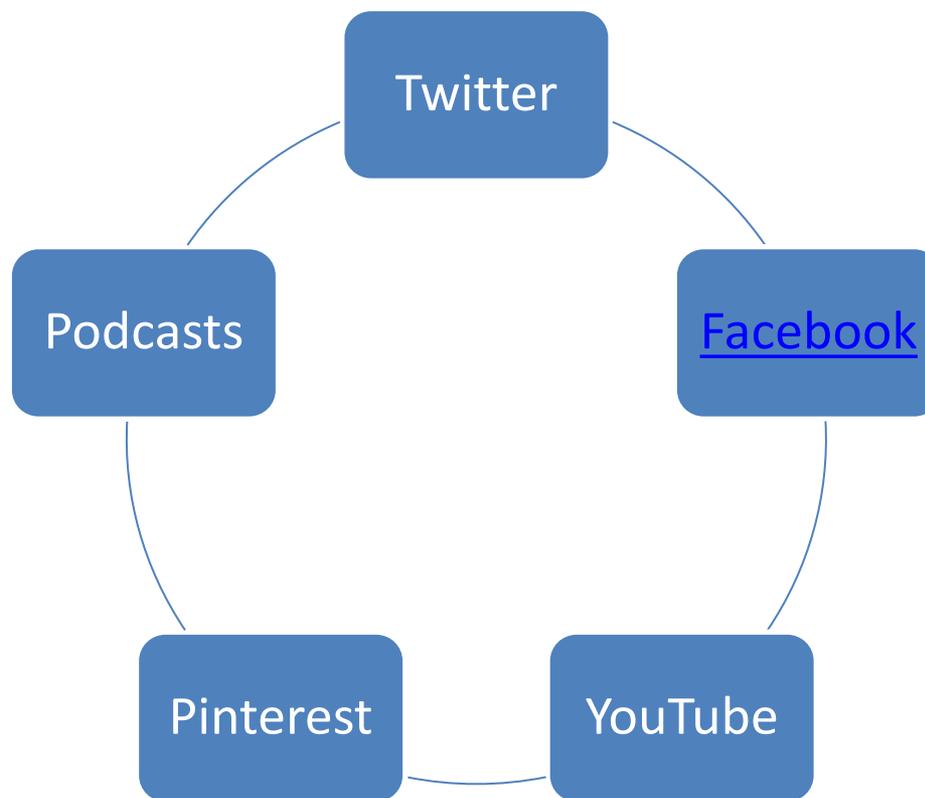
**ASPIRE Oregon** @aspireoregon · Sep 17

The next four years are going to fly by! Make sure to take a look at this Freshman to Senior timeline. #ASPIRE #OSAC [ow.ly/S0MLA](https://ow.ly/S0MLA)





# Social Media





## Facebook on Volunteer Toolkit

ASPIRE Oregon

7 notifications from Beverly Bunch and Ines Lee

ASPIRE Oregon Education

Timeline About Photos Reviews More

288 people like this  
Darrin Stewart and 52 other friends

3 people have been here

Opens in 40 minutes · 8:00AM - 5:00PM  
Get additional info

Invite friends to like this Page

5.0 ★ 5.0 of 5 stars - 4 reviews  
Kyra Mathews reviewed this

ABOUT

1500 Valley River Dr Suite 100  
Eugene, Oregon

(541) 687-7400

http://oregonstudentaid.gov/aspire

Share your opinion about **ASPIRE Oregon!**

You rated this place

Write your review

Post Photo / Video

Write something...

Post

ASPIRE Oregon 14 hrs · 🌐

Fall Conference is just around the corner! Make sure you register if you are going to attend! See you there!

Fall Conference Registration Form | ASPIRE - Student Mentoring | Office...

The registration fee for the ASPIRE Fall Conference is \$25, which includes lunch and all conference materials. Send payment as soon as possible to:

SECURE2.OSAC.STATE.OR.US

Create Page

Recent

2015

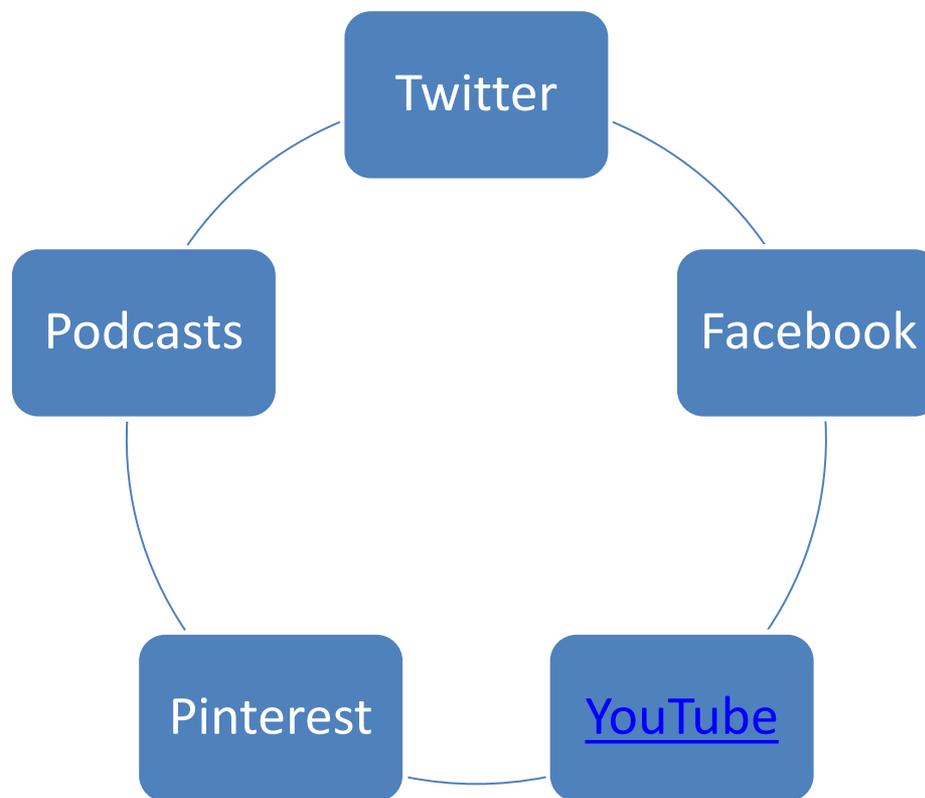
2014

2013

1998



# Social Media



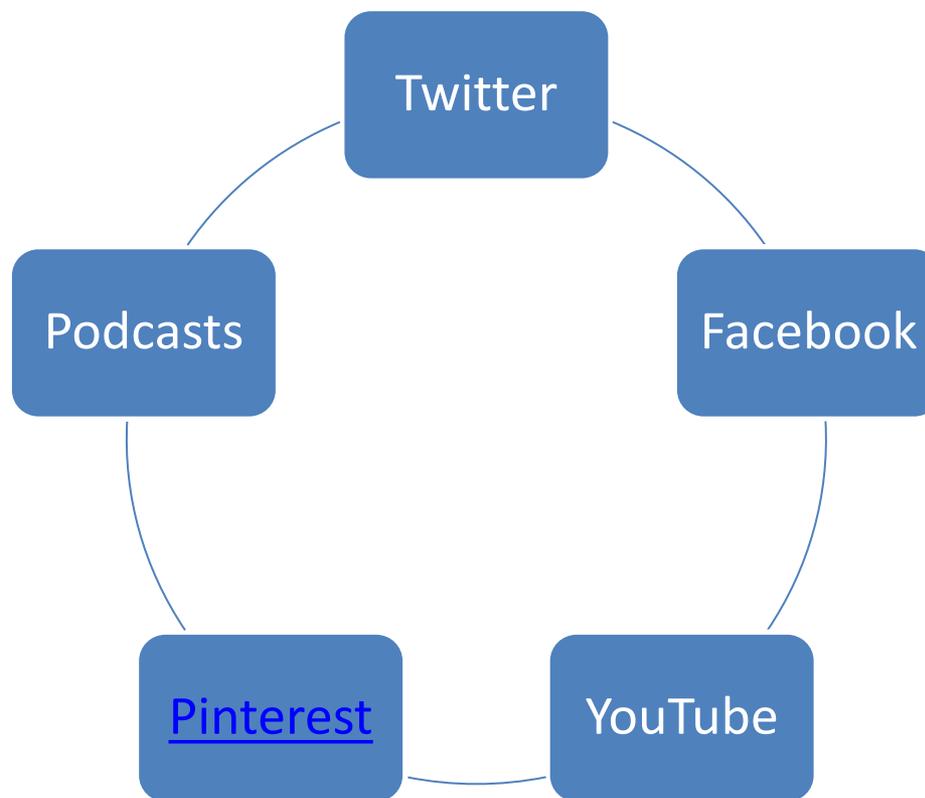


## [YouTube on Volunteer Toolkit](#)

The screenshot shows the ASPIRE Oregon YouTube channel page. At the top, the browser address bar displays the URL <https://www.youtube.com/user/aspireoregon>. The channel banner features a scenic view of a mountain peak. The channel name is "aspireoregon" with a "Subscribe" button showing 17 subscribers. The main video player displays "ASPIRE for the Community" with 1,186 views, posted 1 year ago. The video description states: "ASPIRE is a mentoring program that matches trained and supportive adult volunteer mentors with middle and high school students to develop a plan to help them meet their education goals beyond high school. We currently have 6 slots available with a potential 46 slots, if ASPIRE's budget is approved for the 2013-15 biennium. As an organization currently serving students, we invite you to submit an application to become an ASPIRE site." Below the video player, there are three promotional video thumbnails: "ASPIRE for the Community" (1,186 views), "ASPIRE for Coordinators" (126 views), and "ASPIRE for Students" (182 views). A section titled "ASPIRE for Coordinators" includes the text: "Coordinators! These videos are here for you to assist you with mentors and students, and running a great ASPIRE program!"



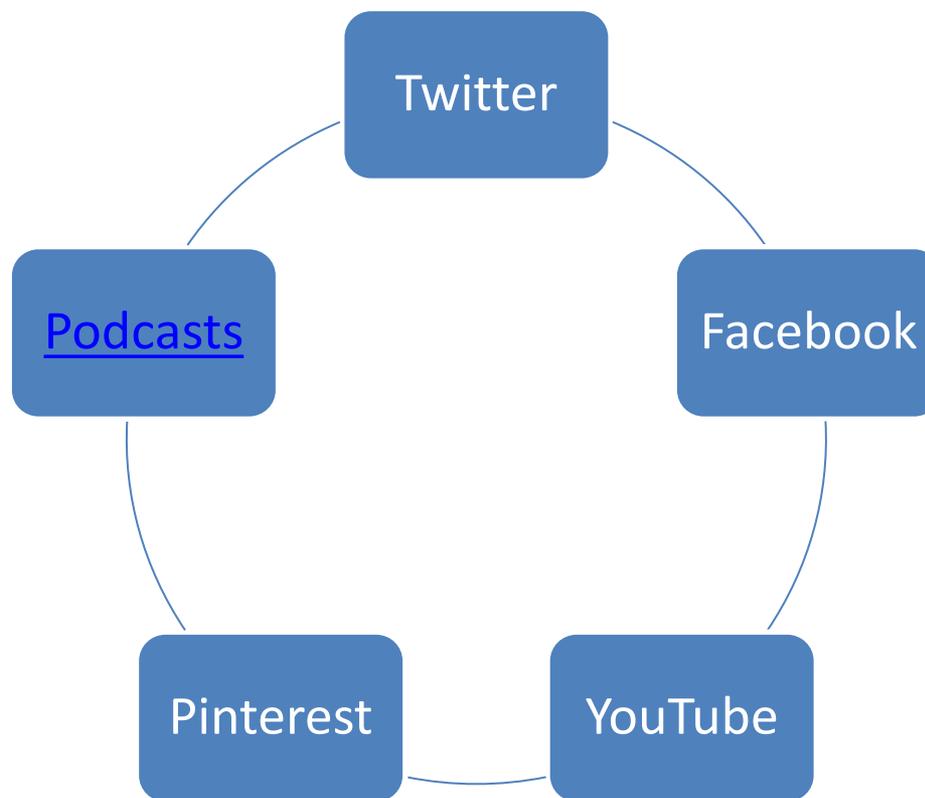
# Social Media







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# Podcasts



## OSAC Informational Podcasts

The Oregon Student Access Commission is pleased to introduce a series of podcasts devoted to topics of interest to students, adult learners, families, and other key audiences. Check back regularly for new podcasts on a wide range of topics, such as; finding funds for college, applying for scholarships, filing for education tax credits and refunds, and much more! Click on any of the topics below.

### For Students & Parents

- [Applying for Schools & Early Admission](#) (*Transcript*)
- [Applying for Scholarships](#) (*Transcript*)
- [FAESA](#) (*Transcript*)
- [Student Budget - How I am Paying for College](#) (*Transcript*)
- [Understanding Your Award Letter](#) (*Transcript*)
- [Campus Visits](#) (*Transcript*)
- [General Testing Information](#) (*Transcript*)
- [Oregon College Differences](#) (*Transcript*)
- [Disclosing Disabilities in College](#) (*Transcript*)
- [What is Incight](#) (*Transcript*)
- [Tips for High School Juniors](#) (*Transcript*)
- [Tips for High School Seniors](#) (*Transcript*)
- [Making the Most of a College Fair](#) (*Transcript*)
- [Tips for Effective College & Scholarship Essays](#) (*Transcript*)
- [Avoiding Scholarship Scams](#) (*Transcript*)
- [Financial Aid for Former Foster Youth](#) (*Transcript*)
- [The OSAC Scholarship App Process & Interview](#) (*Transcript*)
- [A Testimonial of the OSAC Scholarship App Experience](#) (*Transcript*)
- [The Top 20 Things Every College Freshman Should Know](#) (*Transcript*)
- [Strategies to Succeed in College](#) (*Transcript*)



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[Podcasts on Volunteer Toolkit](#)



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